

surface very unpleasant for the patient, but "chaps" or cracks may be fraught with great danger to the nurse herself. She must also be exceedingly particular as to the proper cleansing of her hands both before and after rubbing in the ointment, and during that operation she must be careful not to touch her eyes or mouth. Aconite poisoning has been known to occur in the case of a nurse who was using an ointment containing that drug, and unconsciously rubbed her mouth on which there happened to be a crack, and I have seen a nurse's eye affected with belladonna in the same manner, though she herself did not recollect having touched it with the preparation she was using.

In dealing with very small children, the best plan is, instead of actually rubbing the ointment on their bodies, to smear it on a flannel bandage, which should then be stitched round the child's abdomen. The warmth of its body will melt the ointment and in its movements against the flannel supply the necessary friction.

Mercury is the drug which is, perhaps, the most frequently given by inunction, and the nurse must always remember, when using it, to be on the watch for any of the symptoms of mercurial poisoning (spoken of in the last lecture) either in herself or the patient.

Aconite is another drug which is sometimes administered in this way; it is an exceedingly powerful poison, and a nurse must be very cautious in dealing with it; if the preparation is to be applied to the patient's head, great care must be exercised lest any of it should get into his eyes and, being there absorbed, give rise to the symptoms of aconite poisoning, *i.e.*, vomiting, purging and great collapse. Minute instructions as to its use are generally given by the physician, but in the absence of directions as to quantity the nurse should not use more than a piece about the size of a pea at each inunction.

Cod-liver oil is often given to premature or delicate babies by this process; they will generally thrive on it, even if taking very little other food. The whole surface of the little body should be well rubbed with the oil twice a day after its bath, or daily washing, for twenty minutes at a time, the child lying in a blanket on the nurse's knee before a good fire. The child should afterwards be wrapped up in cotton-wool and kept warm in its cradle and away from draughts. Olive oil is sometimes given in the same way, but the result is not nearly so good as with cod-liver oil.

A liniment of turpentine and olive oil is sometimes ordered to be rubbed into the chest and back of a child suffering from a bronchial complaint.

Better results will ensue if the nurse wears a warm flannel glove on the hand with which she rubs, than if she only uses her bare palm and fingers. Great care must, of course, be taken lest the child catches a chill during the operation, and its little chest and back should be protected afterwards with either wool or flannel.

The League of St. Bartholomew's Hospital Nurses.

THE following graduates of St. Bartholomew's Hospital Nursing School were accepted as Members of the League of St. Bartholomew's



Nurses at the last meeting of the Executive Committee:—
Miss Brailsford, Miss Bell, Miss Burland-Todd, Miss M. McRae Craig, Miss Cooper, Miss Macartney Cullen, Miss Annie Douglas, Miss

Dowrie (Port Said), Miss Julia Garrod (India), Miss Gregory, Miss Gordon, Miss Lucy Harrison, R.R.C. (Zomba, British Central Africa), Miss Margaret Huxley (Matron, Sir Patrick Dun's Hospital, Dublin), Miss Mary Macdonald, Miss Ethel Parry, Miss Blanche Rumble, Mrs. Gilbert Smith (*née* Eames), Miss Rene Tompkins, Mrs. Twomey (*née* Ponsford, Upper Burma), Mrs. Tuckett (*née* Fox), Mrs. Wilson (*née* Carson), and Miss Walker.

It is most satisfactory to see the steady growth of the League, and noteworthy that it has already a larger membership than any of the Alumnae Associations in the United States, some of which have been in existence for years. This is hopeful, as a sign that such associations bid fair to be as popular in this country as they already are in America. We hope that all the members of the Bart's League, who are Matrons of training schools, will initiate, in connection with them, similar societies to that which has been inaugurated with such signal success by Miss Isla Stewart, the popular Matron of St. Bartholomew's Hospital.

Appointment.

MATRON.

Miss AMY E. LEWIS has been appointed Matron of the Lodge More Hospital, Sheffield. She was trained, and has, since completing her training, acted as Charge Nurse, at the City Hospital, Sheffield.

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